

## What are the benefits to having a Team around my Family?

Families often say that they have to speak to lots of workers and repeat the same information about what's happening, or that it seems as if all the workers involved do not speak to each other. With regular reviews of your Early Help Family Plan, information is easily shared to make sure that you receive the most useful help you and your family need.

## Does this mean Children's Social Care will be involved?

You decide and choose to work with Early Help, it is completely voluntary. Early Help is not Social Care.

However, there may be times when a worker has to share information with Social Care to keep you, your family or others safe. If it is thought that somebody is at risk of harm or a crime could be prevented, information will be shared. You will always be informed about this.



## An Agreement

By working with Early help supports and services, you, your family and those supporting you agree to;

- Be open, honest & respectful with each other
- Work together to explore what is going well and things that you and others in your family might be worried about
- Share information with others who could help (such as school, GP, health visitor, Department of Work and Pensions etc)
- Work together to identify helpful goals and how to reach them
- Record and securely store conversations, assessments and plans you agree on

To find out how your data is stored scan the QR code:



# Early Help for Families

Working together to make things better



**children & families**  
NEWCASTLE

## Early Help

Getting the **help** your family needs, **early**, when you need it.

This could be the help you get through school, nursery, a worker from health, housing or youth services etc. Early Help is a broad way of describing the help lots of services offer and can cover a wide range of things.



You don't need to face challenges on your own. Speak with a worker you already know, such as at a health appointment, at your child's school, or at your local Family hub, about Early Help support you can be linked up with.

I'm struggling to find work

We've just moved into the area and would like to know what's out there

Everything is bubbling up, it would be good to have someone to talk to

There's antisocial behaviour in my street, it scares us

My child doesn't want to go to school

I've been feeling really low lately

I'm worried about money

Sometimes you might have a few things going on and want help from various services – you may be offered an Early Help family plan. This pulls a team of people who are helpful to you and your family together. This Team Around your Family (TAF) can include friends, family and practitioners, anyone who you feel can be helpful. You will be supported to develop your own family plan and review it regularly.

Find out more about Early Help by scanning the QR code:



## Further support

If you would like to find out what Early Help services are available to you and your family speak to a worker you already know, they will listen and help you get the support you are looking for.

You can also visit your closest Children and Families hub, look for our logo, which is on the front of this leaflet, you are always welcome.

Or speak with an Early Help representative by contacting:

📞 0191 2115805  
✉ [earlyhelp@newcastle.gov.uk](mailto:earlyhelp@newcastle.gov.uk)

### Useful websites:

Newcastle Support Directory:  
[newcastlesupportdirectory.org.uk/](http://newcastlesupportdirectory.org.uk/)

Early Help: [newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/early-help-your-family](http://newcastle.gov.uk/services/care-and-support/children/getting-help-children-and-families/early-help-your-family)

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